From the Heart

Ex Corde



#### HEART OF JESUS, KING AND CENTER OF ALL HEARTS

From the heart

A quarterly message from Sacred Heart Church to all of our members

> **VOLUME 8 ISSUE 4**

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From the Heart

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## FROM THE PASTOR'S DESK BY FR. JOHN SAUER

Many people are wondering "what's going on with all the money we raised this spring?" The simple answer is lots of things! For those who are not familiar with the campaign, we'll start out with a brief recap of why we conducted a capital campaign.

Over the past 8 years we have been discussing how to address our lack of appropriate office space, meeting space, and private priest living arrangements. Through the years we've looked at a number of options including renovating the rectory, adding on to the rectory, building on the west side of the kitchen, and purchasing the former hospital. While each option had benefits, there were also challenges that made them less viable.

From those discussions our facility committee developed a master site plan that addresses our immediate needs and any potential future growth needs. In Summer 2012 we brought our master site plans to the parish through informational meetings and by conducting a feasibility study. The feasibility study concluded the following, in order of importance:

- Infrastructure Improvements (HVAC, • Roof, parking lot, and water issues) -96% of respondents rated this Very Important or Important
- **Private Living Space for Clergy** 90% respondents rated this Very Important or Important

- New Parish Offices 82% respondents rated this Very Important or Important
- Parking Lot Expansion 80% respon-• dents rated this Very Important or Important
- Church Renovations 71% respondents rated this Very Important or Important
- **Expanded & Modernized Meeting** Space – 65% respondents rated this Very Important or Important
- **Expanded Narthex** 52% respondents rated this Very Important or Important
- New Larger Church/Larger Fellowship Hall - 23% respondents rated this Very Important or Important

The committee used this report to ask for permission from Bishop Quinn to conduct a capital campaign, which we concluded in June 2013.

Even though our campaign has ended, gifts and pledges continue to arrive. Overall, we raised \$1,882,640 in cash and pledges. As of November 15, 2013, we have received \$760,085.45 of the total amount pledged. We had 436 parishioners participate, which is 16% higher than the Campaign Consultants expected for a parish our size. The chart on page 3 shows our income to date with campaign and construction expenses.

A detailed financial report will be sent at the end of December to all of the campaign donors.

The Diocese of Winona requires 100% of the anticipated cost of the project to be covered in pledges and 75% of the pledges in cash before we can begin construction. With this requirement, we've been able to address some of the immediate needs of the parish in 2013 and some will occur in the near future. Here is how we are addressing each of the feasibility study items.

#### Infrastructure Improvements

(97% Important or very important)

The facilities committee began by looking at the needs of our structure and mapped out a plan to address as many of the needs as possible. We learned that the roofing contractor could not accommodate us in their schedule this fall so we have set money aside and will begin in the spring. We have been able, however, to address a number of other needs this summer and fall.

- The heater under the front steps has been installed and is ready for the first snowfall.
- We have had an issue with water coming through the 1902 foundations of the church. There is a storm drain between the rectory and the church and the grading which directed water to this area contributed to the problem.
  With the work being done on the parking lot we were able to put in two additional storm drains and regrade the lot to alleviate much of the problem. In a few years when Marian Drive is removed we plan to install one more storm drain.

## More Private Living Space for the Priests

#### (90% Important or Very Important)

We cannot provide the priests more private living quarters without first moving the offices out of the rectory. The priests are residing temporarily in the Holy Trinity rectory at Litomysl. Once the new office space is finished the house will be refurbished to return the main level to private living. At that time the priests will move back to the Sacred Heart rectory. A new garage will be provided to give us space for the priests' cars and space for the equipment we need for the upkeep of the church grounds.

#### **New Parish Offices**

(82% Important or Very Important)

The facility construction committee has developed a modified site plan (see page 3) that will allow for a stand-alone office complex. The office is designed in such a way that it can be incorporated in the new and expanded narthex which we hope to build in a future phase. The new building will contain six offices, a reception area and a conference room. This will allow us to accommodate our staff and have a room that will be shared by our Hispanic Chaplain and possibly Catholic Charities. The entrance will be designed in such a way that a seamless transition to the future phases can be accomplished.

#### **Parking Lot expansion**

(80% Important or Very Important)

We began by purchasing four houses that adjoined our land. Two were owned by the Catholic Education Memorial Fund and two were owned by private parties. The CEMF houses were purchased contract-fordeed and the two private homes through a loan from the Diocese. We have repaid the loans for all four homes.

The parking lot has been regraded and replaced with concrete. This is a long-term solution which was made possible through our collaboration with Fareway Foods as they continue to build on the former hospital site.

#### **Church Renovations**

(71% Important or Very Important)

In looking at our cash flow and the diocesan requirements for 100% pledged and 75% in hand we have scheduled this as the final piece of our first phase. Improvements will include replacing the kneelers, refinishing the pews, and replacing the floor covering. In addition, we have hired Fr. James Notebaart of the Archdiocese of St. Paul and Minneapolis to help us look at the sanctuary design and furnishings. This will include a parish educational component to help all of us learn more about the proper design and layout of a church.

#### **Anticipated Timeline**

The committee has been hard at work in making decisions that will have a strong impact on the future of Sacred Heart. Our anticipated timeline, since the campaign has ended, is below.

#### Fall 2013

Continue to develop the site plan Build Cedar Avenue Monument Sign at new entrance.

## CONSTRUCTION AND CAMPAIGN UPDATE

#### February 2014

Present our plan to the Bishop, seeking approval for building the office complex Spring 2014 Repair Roof of Church Summer 2014 Begin office construction Fall 2014 Begin planning for Interior Renovations of the church Fall 2015

Begin Interior Renovations of the church

#### Summer 2016

Begin 2nd Capital Campaign to fund the expansion of the Narthex and parish center and pay remainder of the Diocese of Winona Rooted in Faith Campaign whose goal is to support retired priests and upgrade the Immaculate Heart of Mary Seminary.

Hopefully we have been able to address questions and concerns that you may have had regarding what is happening since the campaign ended and what we are doing to continue to move forward.

#### CONTINUED FROM PAGE 3

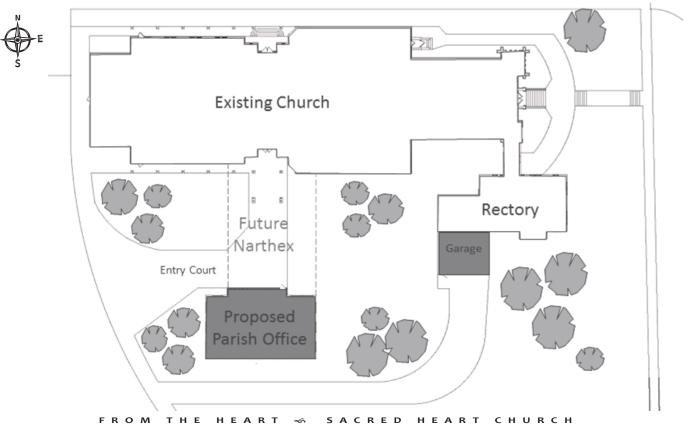
In January 2014 we plan to host a series of parish-wide informational meetings. At these meetings you will be able to ask questions and learn more about the project.

If at anytime you have questions or comments, please give me or any member of the Facility Construction Committee a call. The members are Ron Kubicek, Tom Soukup, Kristin Haberman, Dave Olson Jr, Otto Rysavy, Robbe Kniefel, and Paula Trenda. In addition, we've hired Bob Seykora, Sr and Rocon, Inc. to be our construction management firm.

We are excited to being moving forward with our plans and hope you will join us in this excitement.

Finance Snapshot—G.I.F.T. Campaign		
Total Pledged		\$1,882,640.00
Total Cash Received to date	\$760,085.45	
Expenses Paid to Date	\$508,739.82	
Balance Left in Campaign Savings (11/15/2013)	\$251,345.63	

Remaining Pledges to Collect through 2016



\$1,122,554.55

3

## ST. MARY'S SCHOOL NEWS BY KATHLEEN SEGNA

#### Marathon

We did it! We passed our goal. Yew Haw! Our goal was \$27,000 and we brought in \$28,487.89. It was a cloudy and overcast day so we had to

implement Plan B, which consisted of hosting the marathon here at school, indoors. It also included having 'Move It' activities that were located in the class-

rooms for each route. The students really liked the 'move it' stations. Sincere thanks to all the students and their families for getting pledges and to the teachers' committees that worked and planned this project for us.

#### **Grandparent/Special Friend's Day**

On Wednesday, October 16 we hosted Grandparents/Special Friends Day. We attended Mass together at 12:30 with Father Sauer. Mass was followed by a band and choir concert in the gym and ended with a classroom open house. Cookies were served by the Home and School Association. St. Mary's School is grateful to the teacher's planning committee and to Home and School for getting, buying and serving cookies to our guests.

#### **Field Trips**

This fall, the students of St. Mary's School students had the rich experience and opportunity of learning on the field. On October 28,<sup>th</sup> our 8<sup>th</sup> grade students went to LaCrosse, Wisconsin to visit the Shrine of Our Lady of Guadalupe. Following is a trip reflection of grade 8 student, Taylor.

"We went to LaCrosse, WI and visited a church and the shrine of 'Our Lady of Guadalupe.' Our class learned so much that day. The trip was very informative. Some things we learned about were about the Sisters. We learned that this was where Sister Sarah took her courses to become a sister. The buildings and architecture were beautiful. I could have stayed there all day and just stared at it.

> When we went to the Our Lady of Guadalupe Shrine, there were paintings of various saints and even bone fragments or pieces of hair.

Our class thought that was very interesting to have a piece of the actual saint. We had Mass at the church and we got to meet and talk with some of the sisters. This field trip was very interesting. It also helped to strengthen my faith in God." Eagle Bluff

ARATHON

EDUCATION MOVES

Grade 7, their teachers and parent chaperones went to the Environmental Learning Center, Eagle Bluff, in Lanesboro on October 28. Below is a reflection of grade 7 student Skyler.

"I had a lot of fun at Eagle Bluff. We got to do the south ropes course. It was 30 feet in the air. I was really scared but it was really fun. After that we had lunch in the dining hall. Then we did our 2<sup>nd</sup> activity, group challenges. We started inside, then after about an hour, we went outside for the last two hours. We did a bunch of games where we had to talk with our classmates and figure out a way to solve the challenges presented. I learned that we need to work together to accom-

plish things. The ropes course was scary but it was fun. I also learned that you should always try things even though you're scared."

#### Wax Museum

Each Year the 7<sup>th</sup> grade provided the students of St. Mary's the opportunity to visit "A Wax Museum of Saints." The objective of this project was for the students to learn about people who use their special talents to serve God and others. The students make a background poster with the name of their saint, prayer cards, and then dressed up as their chosen saint. The saints came alive and told their story when students put money into the money box at their feet. (*Proceeds went to the Owatonna Hospice House.*) The students learned about many saints as they traveled through the museum.

Here are a few write-ups of what some 7<sup>th</sup> grade students shared about their saint and some examples of the prayer cards.

#### Saint Elizabeth of Hungary

"I am Saint Elizabeth of Hungary. *My feast day is November* 17<sup>th</sup>. I am the patron saint of bakers, death of children and the homeless. I was born in Hungary in 1207. I am the daughter of Alexander II, King of Hungary. At the age of 4, I was sent to be married to the son of the king of Landgrave. In 1221, I married Louis of Thuringia. I had a simple life, practiced penance and devoted myself to works of charity. One of the miracles that God has done was for me. I was giving food to the poor and my husband didn't like it. One day he stopped me and I hid my bread in my cloak. When my husband made me show him what was in my cloak the bread turned into roses. I died at the age of 27 in 1231." By Mary

#### Saint Benedict

"I am St. Benedict. I was born in Nursia, Italy in 480. I was sent to Rome to study. I left and moved to a remote place. I was called out of my remote life to be an abbot of a monastery. The monks hated me, they didn't like my strict rule. I left them and started my own

CONTINUED ON PAGE 5



## St. Mary's School News Continued from page 4

monastery. I used my talent to create a 12 chapter book pointing us to Christ. I am the patron saint of *Europe. My feast day is July 11<sup>th</sup>."* By Luke

#### St. Hildegard of Bingen

"My name is St. Hildegard of Bingen. My feast day is September 17<sup>th</sup>. I grew up in Germany near the Rhine River. When I was 8, my parents took me to a wise woman who taught me how to read psalms in Latin and do needlework but I never learned to write. I grew up to become a nun and composed songs about God's beauty and power as well as Mary and the saints. I told people about my visions but no one else could see them. When I was 42 God told me to share them with others. I authored and illustrated major works of theology and texts on science, religion, and on natural healing with plants, trees and stones. More and more people heard about my wisdom and holiness. I never took credit for myself, everything I gave, came from God." By Sophie

#### Prayer Cards St. John the Apostle, Prayer for

Charity, Keep me O God from pettiness: let me be large in thought, in word, in deed. Let me be done with fault-finding and self-seeking. May I put away all pretenses and meet everyone face to face without self-pity and without prejudice. May I never be hasty in judgment and always generous. Let me take time for all things. Make me grow calm, serene and gentle. Teach me to put into action my better impulses, straightforward and unafraid. Grant that I may realize it is the little things that create differ-

ences and that in the big things of life we are one. And, O Lord God, let me not to forget to be kind.-Colin

St.Bede the Venerable, Dear Lord, let us to be kind to others and always try to learn more like St. Bede who made it to heaven by leading a holy and Christian life. Amen.—Isaiah

St. Marie de Jesus Oh Lord help me to help the poor and sick through their hard times through your son's name. Amen.-Shamara

St. Bonadventure O Loving God help us to believe in you and trust you. You have given us your son and we praise you. Thanks for being there for us. Amen.-Joe

#### **MNSAA**

Mrs. Nylund, Mrs. Chatelaine and myself attended the annual meeting for the Minnesota Nonpublic Schools Accrediting Association on Friday, November 8th in Shakopee.

"Growing in mind, body and spirit."

## THE CALL TO BE CATHOLIC SPEAKER **SERIES** BY JOE STILES

"The Call To Be Catholic" Speaker Series is celebrating its 10<sup>th</sup> year of providing top notch, knowledgeable speakers addressing topics of keen interest to Owatonna-area Catholic adults.

In October, Fr. Randal Kasel's talk was on "St. Joseph: Our Hidden Advocate."

Our November speaker was Teresa Collett, who spoke on "Recent Challenges to Religious Liberty-How to Respond?" Here are our upcoming events:

Sunday, Jan. 12: "The Gospel of Life & the Culture of Death" The speaker will be Raymond de Souza,

our diocesan Director of Evangelization & Apologetics. 3:00 pm at St. Joseph's Church.

Sunday, Feb. 9: "The Purpose & Dignity of Work in Catholic Social Teaching" Dr. Michael Naughton, Professor of Catholic Studies at the Univ. of St. Thomas will be the speaker. 3:00 pm at Sacred Heart.

Sunday, March 9: "St. John Paul II's Teachings on Sex & Love and Their Significance for Contemporary Moral Issues." The speaker is Dr. Kevin Rickert, Associate Professor of Philosophy at St. Mary's University. 3:00 pm at St. Joseph's Church.

# Catholics

### Catholics of Steele

Owatonna has a new website -Catholics of Steele (www.catholicsofsteele.org). This website is designed to make it easy for you to find Catholic events in and around Steele County. We have all of the local community Mass times, Holy Day schedules, family events, school closings, and more. As we grow the site, we hope it becomes your one-stop shop for all things Catholic in Steele County. Check it out today at

www.catholicsofsteele.org.



## SACRED HEART PARISH NURSE MINISTRY BY MARY TRENDA, RN

#### Be a friend to yourself... and to another!

Be a friend to yourself. Don't become complacent when it comes to health screenings that could truly make a difference in your overall health.

Most people with high blood pressure (hypertension) don't experience any signs or symptoms, even if their blood pressure reaches dangerously high levels. That's why it is called the silent killer. Uncontrolled blood pressure can damage your arteries, heart, brain, kidneys and eyes. It increases your risk of serious health problems, including heart attack and stroke. **We can nip this one in the bud!** 

Take control of your blood pressure. Take your medicine as directed by your doctor. Lose weight if you need to. Cut down on salt. Stop smoking. Limit caffeine and alcohol intake. Exercise regularly.

**Understand your blood pressure.** Systolic (top number): maximum pressure in blood vessels when heart beats. Diastolic (bottom number): minimum pressure in blood vessels when heart relaxes between beats. **Goal to be desired-- Systolic-less than 130. Diastolic-less than 85.** 

**Blood Pressure Screen**ing will begin again in 2014 on Fellowship Sundays, Jan 5<sup>th</sup>, Feb. 2<sup>nd</sup>, March 2<sup>nd</sup>, and April 6<sup>th</sup> from 8:15-10:30am. A nurse will be available after the 7:30am Mass until before the 10:30am Mass in the Parish Nurses' Office located in the Parish Center. This service will be evaluated after this four month trial period. Please let the office know if. in the future, it would be beneficial to have screenings before the 5pm Sat. Mass and/or before the 1pm Hispanic Mass.

**Be a friend to another.** Tracie Peterson. RN, Parish Nurse and Certified CPR Instructor has offered to instruct, at no cost to parish or individual..."Friends and Family CPR and instructions on how to use our AED". There must be a minimum of 5 for the class to be held. All ages are welcome. Please call the church office if

> interested in this class. It will be held at a time most convenient for Tracie and participants.

AED is the acronym for 'automated external defibrillator'. It is used to start a person's heart. Sacred Heart has an AED located on the wall

above the drinking fountain between the narthex lavatories. Hospitals and community programs are encouraging the placement of AED's in all public buildings. They are designed for the lay public. There are only a few simple steps needed for correct use and directions are clearly printed on the machine. The most important thing to remember is that <u>Sacred</u> <u>Heart HAS an AED and it is located</u> <u>ABOVE THE DRINKING FOUNTAIN IN</u> <u>THE NARTHEX. In case of an emergency quickly bring the AED to the site of the emergency.</u>

## SOCIAL JUSTICE COMMITTEE UPDATE Br DENNY WERNER

Pope Francis is very passionate about Social Justice in the World today. We at Sacred Heart have a very active Social Justice Committee. Here are some of the things that we do for our community and internationally through the year.

In October we collect coats during our annual Clothesline Winter Coat Drive for needy families in Steele County. We give to Steele County Food Shelf throughout the year. Thanksgiving Baskets of food are given to needy families in November. In December we have our annual Christmas Greeting Tree for children and adults who might not have a gift. We address Homelessness issues by giving to two Homeless Shelters, Lily Sparrow House and Hospitality House in Owatonna. We have four 3rd Sunday 2nd Collections each year for needed organizations who make a request for financial help.

We pickup trash each morning on the Race Track during the Steele County Fair. The fair board then gives a donation to our Social Justice fund. We have in the past supported Operation Minnesota Nice who support our Soldiers overseas. Currently we are in need of a volunteer to restart this needed cause.

We have supported our Sister Matamba Parish in Tanzania, Africa. Since 2005 we have helped over 2000 orphans who's parents have died from AID's. We have helped build a new St. Monica's Primary School on the grounds of the Matamba Parish helping to educate these children. Fr. Sauer and Dennis Werner visited the Parish and School last year in October 2012 to see first hand what we have done to help these children.

We are always looking for new Committee members to get involved. All are welcome. We have information in the Narthex about our Committee.

## WELCOME SACRED HEART'S NEWEST MEMBERS Josh & Molly Froman & Family Debra Stock Patricia Blum Amy Sonnentag



## NEW DIRECTION FOR MUSIC MINISTRY

By Christopher Fazzi

You may have noticed that the Music Ministry has been going through the process of change. This process will continue until we reach what we feel is our final goal:

Well-balanced masses that conform to the requirements of Vatican II, as well as retaining the nature of the music that you have been used to in the past, offering varying styles of music, and utilizing the forces that we have at Sacred Heart. We are not quite there yet, but we are on our way.

Each Mass has taken on a distinctive style and sound. We plan to keep that intact as much as possible. The Saturday 5 PM Mass will offer contemporary music with guitar, piano, bass and mixed voices. We are in the process of forming the ensemble that will lead music at that Mass. We hope to be up and running by mid-January. Until then, this Mass will be with cantor and piano/organ. Your patience is appreciated as we get organized. The senior choir will continue to provide music at the Sunday 7:30 AM Mass. This Mass will generally have organ and piano accompaniment. We are blessed to have our children's choir at the Sunday 9 AM. They will continue to lead us during the school year. The Sunday 10:30 Mass has always had a variety of music. Sometimes we will have the choir, at other times a more contemporary ensemble. All of this will use organ and piano accompaniment. The Sunday 1 PM Mass, which is in Spanish, will utilize our Spanish Ministry musical groups.

Another area we are developing is our Cantors. You may have noticed that now there are Cantors at most masses. The Cantor is considered an integral participant of the mass, just like an Altar Server, Sacristan, or Lector. As we develop our music space the Cantor stand will eventually be



placed on the sanctuary platform on the far right side next to the music space.

Cantors are required as leaders of congregational song and for proclaiming the Psalms

which are part of the Liturgy of the Mass. The most appropriate place for them to perform this ministry is at the Ambo (pulpit) during the Liturgy of the Word in Sunday Mass. You have already experienced this at some of the Masses.

Also, we are very excited that the music space is in the process of being enlarged to accommodate our growing musical forces, and to allow for every group the proper area and equipment to perform their ministry efficiently. New choral/instrumental risers will be added to the ones we have already, and will be available so that our groups will benefit from their own seating and instrumental configuration. Because the musicians value the presence of a conductor with them we are looking at ways that we can play the current organ from the front music area. This will give all our keyboard players the ability to play the best instrument to accompany our hymns and music, consequently broadening the range of sound and enriching the depth of our experience.

If anyone has any questions or suggestions, please contact me at the office or via email at cfazzi@sacredheartowatonna.org. I invite new ideas, possibilities, and participants.

## MEN'S BIBLE STUDY&FAITH SHARING Br JOE STILES

For the past 15 years or so, a small group of 8-10 men from both Sacred Heart and St. Joseph's have been meeting on Wednesdays from 6:00-7:00 a.m. in the Parish Center. Using *The Word Among Us* monthly booklets as a springboard for discussion, our main activity is to read and discuss the Scripture readings for the upcoming Sunday. We ask, *"How do these readings speak to us as spouses, fathers, brothers, workers? How do they relate to events going on in the world today?"* 

We also pray for special intentions, enjoy coffee and rolls, share personal experiences, and challenge each other to be better Catholics. Here are some comments of our regular attendees: *"It's the highlight* of my week; I definitely look forward to it." *"It's the best Bible study I've* ever attended; the men are serious minded and always open to others' perspectives." *"If I miss attending on* Wednesday, I don't feel like I get as much out of Mass on Sunday."

All men are welcome. No registration required—just show up and check it out. No long term commitment expected. Men attend when their schedules permit; some attend weekly, others only periodically.

Why not give it a try?



**Did you miss Sunday Mass?** Are you or a loved one homebound? Winter down south and miss us here in Minnesota? Now you can watch the Mass online from any computer. Typically the mass will be posted within 48 hours and will include holy days and special services. Visit http://www.owatonnalive.com/Sacred-Heart-Parish.html

to view current and past services. As always, Charter still plays our Mass on Cable Channel 8 on Mon. at 11:00 am, Wed. at 8:00 pm, and

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# THE CATCH! RAFFLE IS BACK!

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prizes and makes raffle features 3 Raffle. This year's the 2014 CATCH! tickets today for Purchase your

nual Chili Cook-off at the Na--nA  $^{\rm th}$  01 shi grind be held during the 10  $^{\rm th}$  Anprize is \$100 Cash. Tickets will be available until January Lake of the Woods.  $2^{nd}$  prize is an iPad Mini. Finally,  $3^{rd}$ prize is a guided fishing tour for 6 to Ballard's Resort on the perfect stocking stuffer at only \$10 a ticket. Grand



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